

## **2024 Swim Lessons Plantations Pool**

**Plantations pool is excited to offer group swim lessons for ages 3 to adult for all levels this summer. Lessons will be taught by experienced swim coaches, Julia Tomlinson (former Head Coach of Plantations Piranhas swim team) and David Gonzalez (former Head Coach of J.F. Kennedy High School swim team, Assistant Coach of Damascus Dolphins swim team and Manor Woods Terrapins swim team).**

**All sessions will consist of eight 25-minute lessons (Monday through Thursday in 2-week sessions) and will cost \$125 per person. Youth lesson groups will be created by skill level and age and will occur from 11:00am-11:25am or 11:30am-11:55am. Adult Lessons and Master Class will occur from 7:00am-7:45am or 8:00pm-8:45pm.**

**Session 1 - Monday June 17th to Thursday June 27th**

**Session 2 - Monday July 1st to Thursday July 11th**

**Session 3 - Monday July 15th to Thursday July 25th**

**Mini Session 4 - Monday July 29th to Thursday August 1st (\$60)**

**Adult lessons will be based on the needs of the student. Skills being taught can include: floating, water safety, swimming underwater, jumping/diving in, freestyle, backstroke, breaststroke, and butterfly.**